# ADOLESCENT HEALTH RESOURCE BANK FOR NEPAL



As a network member of SYAN, Nepal team is compiling adolescent health resource bank. This resource bank could be useful for individuals and organisations who are working on or interested in adolescent health program planning, advocacy as well as research in Nepal. The scattered and limited reach of adolescent health resources made us realize the need of creating a resource bank that includes all the available resources on adolescent health including available laws and policies with credible sources. We can also disaggregate different sectors within adolescent health and make it more clear and organised.

# Health Policy, Strategy and Reports relevant to Adolescent Health

- ▲ https://drive.google.com/file/d/0BxYPsAJu5Bn\_dm5FZHh6ZThzSIU/view?resourcekey=0-4hbAn7FunnEkYCGGHbFoUw National Health Policy 2071, GoN
- https://www.mohp.gov.np/downloads/Adolescent%20Health%20Strategy.pdf
  National Adolescent Health Development Strategy, 2000
- ▲ https://drive.google.com/file/d/1sAQK8RiiP02Rg43EWZzwilLF4Ae6UBec/view
  National Adolescent Development and Health Strategy 2075, GoN
- https://www.unicef.org/nepal/media/9076/file/NMICS\_2019\_-\_Key\_findings.pdf
  Multiple Indicator Cluster Survey 2019, UNICEF, GoN
- https://dohs.gov.np/wp-content/uploads/2021/07/DoHS-Annual-Report-FY-2076-77-for-website.pdf
  Annual Health Report of DoHS 2076/77
- ▲ https://nepal.unfpa.org/en/publications/lumbini-province-strategy-ending-child-marriage

  Lumbini Province: Strategy on Ending Child Marriage, Publication date: 2021 Author: Ministry of Law, Women, Children, and Senior Citizens, Lumbini
- https://www.mohp.gov.np/downloads/Adolescent%20Health%20Strategy.pdf
  Adolescent Health and Development Strategy 2000
- ▲ https://www.mohp.gov.np/eng/program/reproductive-maternal-health/adolescent-sexual-reproductive-health
  Adolescent Sexual and Reproductive Health Programs in Nepal
- ▲ https://apps.who.int/iris/handle/10665/259549

  Adolescent Sexual and Reproductive Health Programme to Address Equity, Social Determinants, Gender and Human Rights in Nepal, Report of the Pilot Project
- ▲ https://dohs.gov.np/wp-content/uploads/2021/07/DoHS-Annual-Report-FY-2076-77-for- website.pdf
  Annual Report DoHS 2076/77



# **Nutrition and NCDs**

- A http://nhrc.gov.np/wp-content/uploads/2017/07/latest-final-nutrition-book.pdf
  Adolescent Nutrition Survey in Nepal 2014, NHRC
- https://globalnutritionreport.org/resources/nutrition-profiles/asia/southern-asia/nepal/
   Global Nutrition Report Nepal
- https://www.advancingnutrition.org/sites/default/files/2020-02/nex12\_english\_20july1 9\_21-22.pdf
  Breaking the cycle of malnutrition: Designing an adolescent programme in Nepal
- https://www.who.int/docs/default-source/nepal-documents/ncds/ncd-steps-survey-2019-compressed.pdf?s-fvrsn=807bc4c6\_2 NCD
  STEPS SURVEY 2019 Nepal WHO, GoN
- http://nhrc.gov.np/wp-content/uploads/2019/12/STEPS\_ppt.pdf
  Steps survey key findings NHRC
- https://www.fantaproject.org/sites/default/files/download/Nepal-Nutrition-Profile-Mar2014.pdf
  Nutrition Profile Nepal 2014 USAID

# Other Relevant Nutrition-Specific Policies

- ▲ Mandatory Flour Fortification (2011)
- ▲ Maternal, Newborn and Child Health Communication Strategy (2011)
- ▲ Food and Nutrition Security Plan (part of the Agriculture Development Strategy)
- Communication Framework for Maternal, Infant and Young Child Nutrition Maternal
- ▲ Nutrition Strategy Five-Year Plan for Sustained Iodine Deficiency Disorder Elimination
- ▲ National Emergency Nutrition Policy (2008)
- National School Health and Nutrition Strategy (2006)
- ▲ Five-Year Plan of Action for the Control of Anemia among Women and Children in Nepal (2005)
- ▲ National Nutrition Policy and Strategy (2004)
- ▲ Salt lodization Act (1998)
- ▲ The Breast Milk Substitute Act and Regulation (1991)
- ▲ Maternity/Paternity Leave Regulation (1991)





#### COVID

- https://nheicc.gov.np/corona-virus-health-message/
  National Health Education Information and Communication Center, COVID message, GoN
- https://www.unicef.org/nepal/covid-19-information-and-resources-private-sector COVID-19
  Information and resources for the private sector, UNICEF
- ▲ https://mohp.gov.np/attachments/article/703/Responding%20to%20COVID-19,%20Heal th%20sector%20prepared-ness,%20response%20and%20lessons%20learnt.pdf
  - Response to COVID-19 Health sector preparedness, response and lessons learnt, GoN
- https://www.thecompassforsbc.org/campaign-kit-or-package/covid-19-india-and-nepal COVID-19 resource bank for India and Nepal

## **SRHR**

- https://www.unfpa.org/data/adolescent-youth/NF Youth and adolescent data of Nepal, UNFPA 2021
- https://un.org.np/sites/default/files/doc\_publication/review\_of\_the\_national\_asrh\_pro gramme.pdf
  Adolescent Sexual and Reproductive Health Programme to Address Equity, Social Determinants, Gender and Human
  Rights in Nepal WHO, GoN
- https://un.org.np/sites/default/files/doc\_publication/2021-11/GBV.pdf
  How to address partner violence, UN resource
- ▲ https://www.mohp.gov.np/eng/program/reproductive-maternal-health/adolescent-sexu al-reproductive-health# Adolescent and Sexual Reproductive Health Programme, MoHP, GoN
- A https://openknowledge.worldbank.org/bitstream/handle/10986/21464/940850BRI0Box 30cents0in0NEPAL0FINAL.pdf?sequence=4&isAllowed=y
  World Bank Knowledge Brief: FAMILY PLANNING: THE HIDDEN NEED OF MARRIED ADOLESCENTS IN NEPAL
- https://www.scirp.org/journal/paperinformation.aspx?paperid=110948
  Adolescent Sexuality Education in Nepal: Current Perspectives





## **Mental Health**

▲ https://drive.google.com/file/d/13BHh05nqDMKfWRJm-kR1tGWUsRxU3z6Z/view

NATIONAL MENTAL HEALTH STRATEGY & ACTION PLAN 2077, GoN

★ https://drive.google.com/file/d/0BxYPsAJu5Bn\_a2Q5YWwtNEtLaUU/view?resourcekey= 0-2b4NbxmGanXsQO-QSoi-9hQ

National Mental Health Policy 2073 (Draft)

▲ http://tponepal.org/wp-content/uploads/2018/02/Standard-Treatment-Protocol-for-Me ntal-Health-services-into-the-Primary-Health-Care-system.pdf

Standard Treatment Protocol (STP) for Mental Health Services into the Primary Health Care System, GoN 2073

https://www.unicef.org/nepal/media/11206/file/Child\_and\_Adolescent\_Mental\_Health\_in\_Nepal\_and\_Impact of COVID.pdf

Child and Adolescent Mental Health in Nepal and Impact of COVID, 2020, UNICEF, GoN

https://d-nb.info/1202263984/34

Child and adolescent mental health problems in Nepal: a scoping review, 2019

http://www.tponepal.org/category/articles/child-and-adolescent-mental-health/

Adolescent Mental Health Research in Nepal and Resources - TPO Nepal

http://www.tponepal.org/category/iec-materials/

Mental Health IEC Materials of TPO Nepal

# **Climate Change and Agriculture**

- https://mofe.gov.np/downloadfile/climatechange\_policy\_english\_1580984322.pdf
  National Climate Change Policy 2076 (2019), GoN
- ▲ https://www.climatecentre.org/wp-content/uploads/RCRC\_IFRC-Country-assessments-N EPAL-3.pdf

Climate Change Impacts on Health and Livelihood: Nepal Assessment



